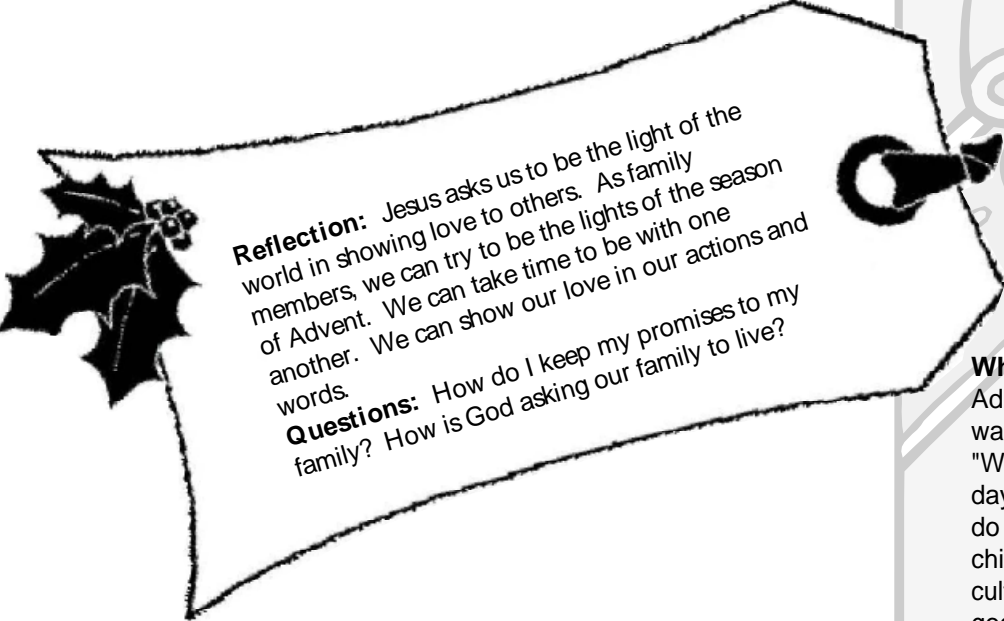


First Sunday of Advent

Theme: Prepare the Way of the Lord...



Reflection: Jesus asks us to be the light of the world in showing love to others. As family members, we can try to be the lights of the season of Advent. We can take time to be with one another. We can show our love in our actions and words.


Questions: How do I keep my promises to my family? How is God asking our family to live?

SAVE US, O LORD


CPC2 #539

Bob Dufford, SJ

Refrain



Save us, O Lord; car-ry us back. Rouse your pow-er and come.



Res-cue your peo-ple; show us your face. Bring us back.

What Kind of Life?

Adult - ask your child what kind of life he/she wants to live. It may be a good idea to ask, "What do you want to be (not DO) some day? What are you doing or what can you do NOW toward that goal? School-age children are quite aware of diversity in cultures, ideals, family expectations. This is a good opportunity to express them. Refer to Thess. 3:12-4:2. What kind of life does God want from you? What do the Sunday scriptures tell you?

Name Exchange

Draw or exchange gift names early so you can really think about the person and an appropriate gift. Take out the boxes of Christmas ornaments. Lovingly look at them and tell stories. You may want to invite grandparents or godparents over for hot chocolate and cookies while you do this.

Advent Journey

- Buy or make an Advent Calendar. (Many parishes provide them.) Set a time aside each day to reflect upon what has been revealed.
- Set up an EMPTY stable. Each day add one piece, with the Infant being placed in the manger on Christmas Eve.

Giving Comfort

As a family, what can we do to "soften" our hearts this first week of Advent?

- † Visit a homebound person - NOT to deliver a material gift but a gift of our time, our concern, our presence.
- † Take a name from a Giving Tree from your parish or community.
- † Sign up to make cookies, go caroling, help at a school function, or take a non-driver out for a ride to see the lights.

Scripture Readings:
Jeremiah 33:14-16
1 Thessalonians 3:12-4:2
Luke 21:25-28, 34-36

My idea to follow Jesus this coming week....

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