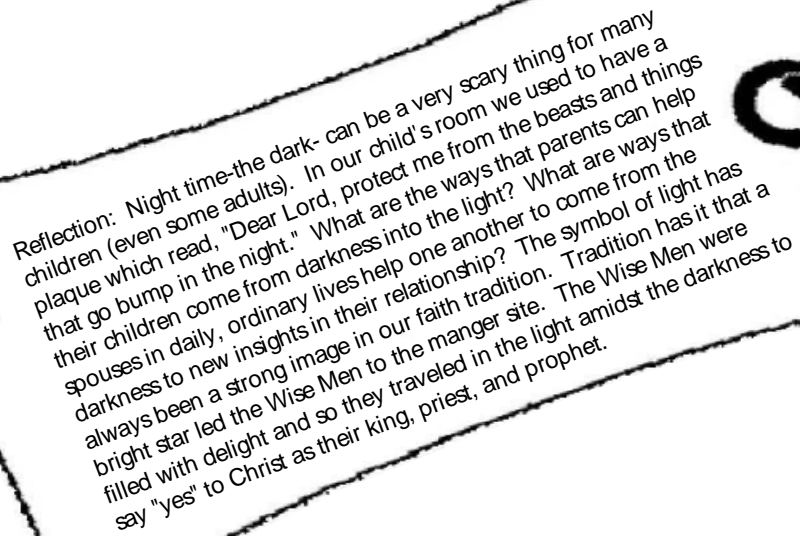


Feast of the Epiphany

Theme: "You shall be radiant at what you see, your heart will throb and overflow."



Reflection: Night time-the dark- can be a very scary thing for many children (even some adults). In our child's room we used to have a plaque which read, "Dear Lord, protect me from the beasts and things that go bump in the night." What are the ways that parents can help their children come from darkness into the light? What are ways that spouses in daily, ordinary lives help one another to come from the darkness to new insights in their relationship? The symbol of light has always been a strong image in our faith tradition. Tradition has it that a bright star led the Wise Men to the manger site. The Wise Men were filled with delight and so they traveled in the light amidst the darkness to say "yes" to Christ as their king, priest, and prophet.

GO, TELL IT ON THE MOUNTAIN

GPC2 #233

GO TELL IT

Refrain



Go, tell it on the moun - tain, O-ver the hills and ev - 'ry -
where; Go, tell it on the moun - tain. That Je - sus Christ is born.

Candle Lighting

Light a candle at your evening meal and share some "light moments" in your family.

Gift Exchange

One family tradition is to exchange names on the Feast of the Epiphany and get another family member a small, meaningful gift, costing no more than \$1. These gifts can be exchanged at the evening meal.

Celebrate the Wise Men's Gifts to Jesus

To celebrate the Wise Men giving gifts to the infant Jesus, gather food from your home and give it to a local food pantry to help those families who are less fortunate than yours.

The Gift of Prayer

Make prayer an every day part of family life. Give children opportunities to lead prayer and to pray in their own words at mealtime or at bedtime.

Scripture Readings:
Isaiah 60:1-6
Ephesians 3:2-3; 5-6
Matthew 2:1-12

My idea to follow Jesus this coming week....

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