

RESOURCES FOR EUCHARIST:

CATECHISTS

Online

www.formed.org

Elements of Catholic Mass: 31 very short videos explaining parts of Mass, vestments, etc.
Accompany: two 4–5-minute videos on liturgy/worship/young people.

Why Am I Catholic? <https://www.youtube.com/watch?v=TOoy1vEArBU>

- personal testimony, compares marriage to Eucharist.

Eucharist 101 from Catholic Central: <https://www.youtube.com/watch?v=gndxqjRrXwk>

The Truth About the Eucharist (Fr. Mike Schmitz): <https://www.youtube.com/watch?v=6LnfdzvT25w>

The Eucharist is God... How to act like it: <https://www.youtube.com/watch?v=egkp1tYrpBk>

What is the point of Eucharistic adoration? <https://www.youtube.com/watch?v=5Fy7nrWGy8w>

Audio Book

How to Get the Most Out of Mass

By: Dr. Scott Hahn

www.lighthousecatholicmedia.org/store/title/how-to-get-the-most-out-of-mass

Book

My Mass Book (for grades 3-6): <https://store.rclbenziger.com/product/my-mass-book>

Publisher: RCL Benziger

- \$7 each but can be purchased in bulk at a lower rate.

CATHOLIC SCHOOL TEACHERS

Books

Catechism of the Catholic Church, # 1322-1419

United States Catholic Catechism for Adults: pp 213-232

Youcat: #208-223

Attachments

Digging Deeper (from *Presence* series)

Scripture References (see attached)

Online

<https://www.loyolapress.com/faith-formation/early-learning/god-made-me-and-god-made-the-world/catechists-and-teachers/>

USCCB Website: Links for Eucharist information below:

<https://www.usccb.org/prayer-and-worship/the-mass/order-of-mass/liturgy-of-the-eucharist/the-real-presence-faqs>

<https://www.usccb.org/prayer-and-worship/the-mass>

<https://www.usccb.org/committees/ecumenical-interreligious-affairs/eucharist>

<https://www.usccb.org/beliefs-and-teachings/how-we-teach/catechesis/catechetical-sunday/eucharist>

YouTube Videos, Rev. Daniel J. Mahan, STL, Archdiocese of Indianapolis

<https://www.youtube.com/watch?v=PeZF0-J7r4Y&list=RDLVUC6NCJvp8IM&index=3>

- Tour of the Catechist #1 – Introduction & Prologue

<https://www.youtube.com/watch?v=ANjfautXQzg&t=565s>

- Tour of the Catechist #43 – Eucharist Introduction

<https://www.youtube.com/watch?v=UC6NCJvp8IM>

- Tour of the Catechist #44 – Eucharist, Liturgy, Sacrifice

https://www.youtube.com/watch?v=1_Y6ymsgRVc&t=3s

- Tour of the Catechist #45 – Eucharist Real Presence

YOUTH MINISTRY (FOR AGES 12-18)

Online

<https://lifeteen.com/blog/category/faith-old/sacraments/eucharist-and-mass/>

- Blogs located on the Life Teen website which share youth perspective and experience on the Mass and the Eucharist. (written content)

<https://catechistsjourney.loyolapress.com/2015/07/forming-children-for-the-mass-real-presence/>

- *Forming Children and Youth for the Mass, Part 6: Real Presence*

By: [Joyce Donahue](#)

This is the sixth article in a series about forming children for active participation in the Mass. (written content)

<https://watch.formed.org/presence/season:1/videos/para-ninos-the-miracle-at-every-mass>

- *Presence-For Children: The Miracle at Every Mass* (Formed 11-minute video)
 - A special, close-up look at the Eucharistic miracle at every Mass by Fr. Riley

<https://www.dynamiccatholic.com/confirmation/decision-point-session-7-0.html>

- Session 7 of a 12-part program for Confirmation age youth which focuses on the miracle of the Eucharist and the meaning of the Mass.

EVANGELIZATION

YouTube

Fr. Josh Johnson - *What Do We Do in Adoration*

<https://www.youtube.com/watch?v=mbyMeNPddBs&feature=youtu.be>

Books

Real Presence: What Does It Mean And Why Does It Matter?

By: Timothy P O'Malley, Publisher: McGrath Institute

www.amazon.com/Real-Presence-Matter-Engaging-Catholicism/dp/1646800559

God Is Near Us: The Eucharist, The Heart of Life

By: Joseph Cardinal Ratzinger, Publisher: Ignatius Press

www.ignatius.com/God-Is-Near-Us-P925.aspx

Around the Table: Retelling the Story of the Eucharist through the Eyes of Jesus' First Followers

By: R. Scott Hurd, Publisher: Ave Maria Press

www.amazon.com/Around-Table-Retelling-Eucharist-Followers/dp/1594716552

Eucharistic Adoration Prayer Book By: Sr. Marie Curley, FSP, Publisher: Pauline Books & Media

<https://www.amazon.com/dp/0819824011/>

Soul of Christ: Meditations on a Timeless Prayer (can be used as guided holy hour.)

By: Sr. Marie Curley, FSP, Publisher: Pauline Books & Media

<https://paulinestore.com/soul-of-christ-meditations-on-timeless-prayer-3394-168904.html>

FAMILY LIFE

Dating/Engaged Couples

Online

Taking Our Bodies Seriously: Holy Communion in the Eucharist and Marriage

<https://www.catholicculture.org/culture/library/view.cfm?recnum=8092>

The Power of a Couple Holy Hour

<https://www.foryourmarriage.org/blogs/the-power-of-a-couple-holy-hour/>

The Catholic Couple – 3 Paths of Prayerful Discernment

<https://tojessusincerely.com/2017/10/09/the-catholic-couple/>

Married Couples

Books

To Heaven and Back: Discover the Mystical Journey of the Mass

By: Deacon John and Dr. Maura Fehlner. <https://www.lightoftruthministries.org/>

Jesus and the Jewish Roots of the Eucharist. By: Brant Pitre

<https://www.amazon.com/Jesus-Jewish-Roots-Eucharist-Unlocking/dp/0385531842>

The Lamb's Supper By: Dr. Scott Hahn, Publisher: Penguin Random House

<https://www.penguinrandomhouse.com/books/73509/the-lambs-supper-by-scott-hahn/>

Irregular Situations

Online

On Remarriage and Receiving Communion

<http://www.catholicsdivorce.com/On-Remarriage-and-Communion>

Book

Amoris Laetitia

Parts of chapter 8 seemed to hint that the Church might change its practice of requiring men and women who were divorced and then entered into an invalid second union to live as brother and sister. Footnote 351 said that people in these irregular situations should receive the help of the sacraments. Some thought it meant the Church would allow people in these situations to receive the Eucharist without living as brother and sister. Not doing so might cause a greater evil to occur as explained in footnote 329 - "John Paul II, Apostolic Exhortation Familiaris Consortio (22 November

1981), 84: AAS 74 (1982), 186. In such situations, many people, knowing and accepting the possibility of living “as brothers and sisters” which the Church offers them, point out that if certain expressions of intimacy are lacking, “it often happens that faithfulness is endangered and the good of the children suffers” (Second Vatican Ecumenical Council, Pastoral Constitution on the Church in the Modern World *Gaudium et Spes*, 51)”

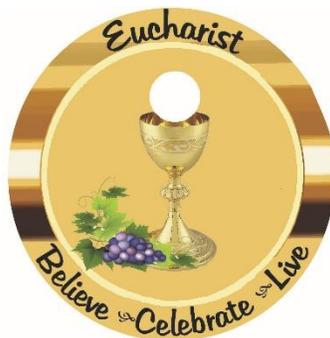
The phrase, ‘the good of the children’ is possibly a mistranslation of the Latin phrase ‘*bonum prolis*’ which means ‘the good that children are.’ With the correct interpretation of *bonum prolis*, the phrase would indicate that without engaging in intercourse, the couple would be deprived of children. The misinterpretation of *bonus prolis* to mean ‘the good of the children’ suggests that the lack of intercourse between the parents would lead to harm to welfare of the children that already exist.

For a clearer explanation of this, go to <https://www.catholic.com/magazine/online-edition/the-footnote-that-roared>

In all cases, it is best for those in irregular situations to have conversations with their Pastor so that, together, they might determine the best course of action regarding the reception of the Eucharist in their specific situation.

Those in irregular situations that can’t receive the Eucharist often do not attend Mass and neglect to bring their children, causing their children to also be deprived of the grace of the Sacraments. They should be encouraged to attend Mass and reminded that the Church identifies 4 unique ways in which Christ abides with us in the Mass:

1. In the gathering of the people to pray in the name of Jesus.
2. In the ministry of the ordained Priests and Bishops.
3. In the proclamation of the Scriptures.
4. In the Eucharist.



SCRIPTURE REFERENCES OF EUCHARIST:

Gn 1:1-31	God in his almighty power creates everything that exists by his command
Gn 14:18-20	Melchizedek, priest-king of Salem, offers bread and wine as thanksgiving
Ex 12:1-20	God prescribes the Passover ritual, centered to killing and eating a perfect lamb
Ex 16:2-16	God miraculously feeds the Israelites in the desert with manna and quail
Ex 25:23-30	The Bread of the Presence is to be always in the sanctuary area as a sacrificial offering
Mt 28:20	Jesus will remain with the Church always
Lk 22:14-20	Jesus changes bread and wine into his Body and Blood as the New Covenant between God and his people, and commands that his apostles celebrate the Eucharist in remembrance of him
Jn 2:1-11	Jesus changes water to wine at the wedding feast of Cana
Jn 6:1-14	Jesus feeds the multitude
Jn 6:16-21	Jesus walks on water
Jn 6:25-58	Jesus' Bread of Life discourse
Jn 6:66-69	Many of Jesus' disciples leave, unable to accept what he has said about eating his flesh and drinking his blood; Peter speaks for the apostles in declaring his faith
1Cor 10:16-17	The consecrated wine and bread are our participation in Jesus' Body and Blood
Heb 9:1-15	Christ's bloody sacrifice fulfills all the liturgies of the Old Testament
Mt. 22:2-24	The parable of the marriage feast for the king's son
Lk 22:14-20	Jesus institutes the Eucharist and commands his apostles to celebrate it in remembrance of him
Lk 24:13-35	Two disciples recognize the resurrected Jesus in the breaking of the bread
Jn 1:29	John the Baptist points to Jesus as the Lamb of God who takes the world's sin away
Jn 6:56	Those who eat Jesus' flesh and drink his blood live in him and he lives in them
Jn 15:4-5	Jesus is the true vine and we are the branches; we must abide in him to bear fruit
Acts 2:42	The growing body of Christians celebrated the Eucharist together
Acts 20:7	Paul and his companions celebrate the Eucharist on the first day of the week
1Cor 10:16-17	The consecrated wine and bread are our participation in Jesus' Blood and Body
1 Cor 11:23-29	The institution and meaning of the Eucharist; the gravity of unworthy reception
Heb 10:10	We have been made holy by the once -for-all sacrifice of Jesus
1 Jn 2:2	Jesus Christ is the expiation for the sins of everyone
Rv 5:1-14	Jesus, the true and final sacrifice, is ever present as a slain lamb before the throne of the Father
Rv 19:9	In Heaven, we are invited to the marriage supper of the Lamb

Source: Association for Catechumenal Ministry, (2007), *RCIA Catechist's Manual*, Clinton, Maryland: The Association for Catechumenal Ministry, pp. 76-79

