

January 2024

In Touch



*Christ led,
Christ fed,
Hope filled!*

Priority One

Creating a Culture of
Vocations

Priority Two

Strengthening Faith
Formation in Family Life

Priority Three

Building Parishes with Living
Stones

**Renew Faith,
Nurture Hope,
Discover Love**



Phone: 315-393-2920



**Diocese
of
Ogdensburg**

*God hugs you.
You are encircled by the arms
of the mystery of God.*

- Hildegard of Bingen

How did it get to be February 1st so quickly? It wasn't supposed to happen before I got this newsletter finished!! At least it will only be 1 day late. Pretty good for me.

We received word that Sr. Teresa LaBrake fell in her apartment and broke her shoulder. If you would like to send her a card, her address is:

Sr. Mary Teresa LaBrake
St. Joseph's Manor Room 2520
1616 Huntingdon Pike
Meadowbrook PA 19046-8001

If you are looking for a place for retreat this summer you might want to check out Notre Dame Retreat House in Canandaigua, NY. Two retreats are being offered—on in late June and one in early August. I will attach the flyer to this email.

Let us keep each other in prayer as we celebrated the World Day of Prayer for Consecrated Life.

...you fell in love with Jesus, you saw everything in him, and enraptured by his gaze, you left the rest behind. Religious life is this vision. It means seeing what really matters in life. It means welcoming the Lord's gift with open arms, as Simeon did. This is what the eyes of consecrated men and women behold: the grace of God poured into their hands. The consecrated person is one who every day looks at himself or herself and says: "Everything is gift, all is grace".



A Bit of Humor



I love deadlines. I like the whooshing sound they make as they fly by.



One Photo



*This cartoon came from the book on the shelf



They say that music soothes the soul... I find that chocolate works much faster.

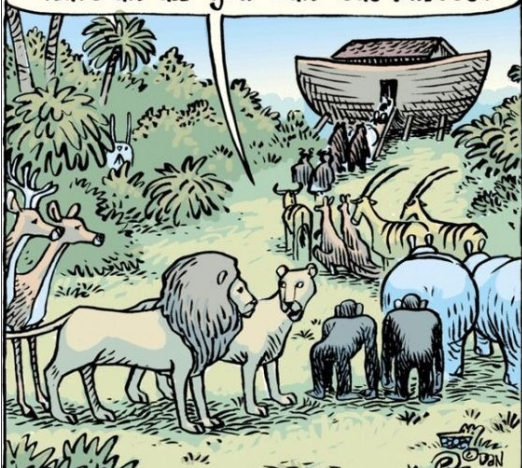
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OF COURSE we can. Have you ever heard of a cruise that DOESN'T have an all-you-can-eat buffet?



It's ok to talk to yourself, It's even ok to answer yourself... But when you ask yourself to repeat what you just said, you have a problem!



Wisdom from the January Saints



Bl. Marianne Cope

I am not thinking of reward. I am working for God and do so cheerfully.“

“Let us make the very best use of the precious moments and do all in our power for his dear sake and for his greater honor and glory.”

Saint Elizabeth Anne Seton

We know certainly that our God calls us to a holy life. We know that he gives us every grace, every abundant grace; and though we are so weak of ourselves, this grace is able to carry us through every obstacle and difficulty.

The accidents of life separate us from our dearest friends, but let us not despair. God is like a looking glass in which souls see each other. The more we are united to Him by love, the nearer we are to those who belong to Him.

Saint John Bosco

If one is to do good, he must have a little courage, be ready for sacrifice, deal affably with all and never slight anybody. By following this method I have always had significant success, in fact, marvelous success.

One way to gain knowledge is to not let time pass. Time, my children, is precious. Dedicate to study all the time you have been assigned.

Patience overcomes many difficulties.

Being good does not mean never committing a fault, but knowing how to correct.

St. John Neumann

As Christ has His work, we too have ours; as He rejoiced to do His work, we must rejoice in ours also.

St. Francis de Sales

Do not look forward to what may happen tomorrow; the same everlasting Father who cares for you today will take care of you tomorrow and every day. Either He will shield you from suffering, or He will give you unfailing strength to bear it. Be at peace, then, put aside all anxious thoughts and imaginations, and say continually: 'The Lord is my strength and my shield; my heart has trusted in Him and I am helped. He is not only with me but in me and I in Him.'

Great occasions for serving God come seldom, but little ones surround us daily.

Half an hour's meditation each day is essential, except when you are busy. Then a full hour is needed.

Faith is like a bright ray of sun light. It enables us to see God in all things as well as all things in God.

St. Angela Merici

You will accomplish more by kind words and a courteous manner than by anger or sharp rebuke, which should never be used except in necessity.

Do now what you wish to have done when your moment comes to die

Martin Luther King

We must accept finite disappointment but never lose infinite hope.

Whatever affects one directly, affects all indirectly.

I can never be what I ought to be until you are what you ought to be. You can never be what you ought to be until I am what I ought to be.

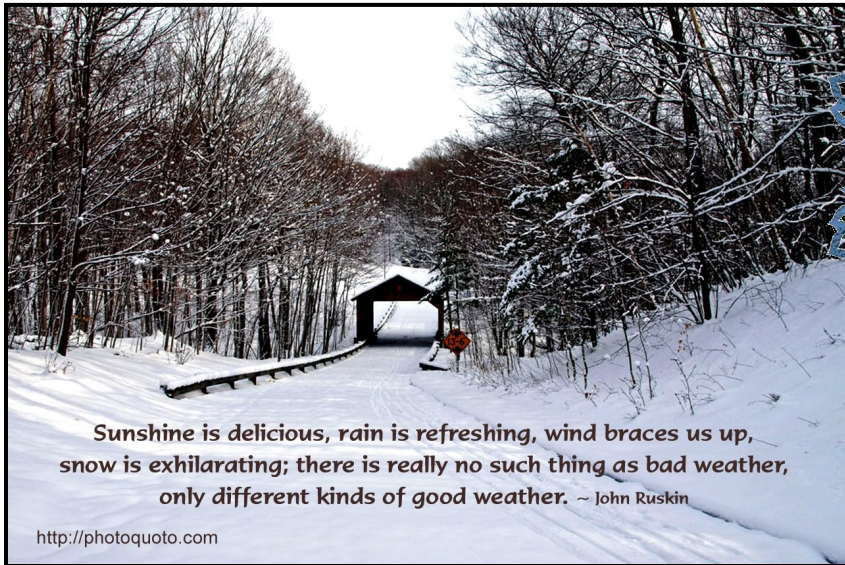
Nothing worthwhile is gained without sacrifice.

We must use time creatively, in the knowledge that the time is always ripe to do right.

Darkness cannot drive out darkness, only light can do that. Hate cannot drive out hate, only love can do that.

Life's most persistent and urgent question is, 'What are you doing for others?'





Sunshine is delicious, rain is refreshing, wind braces us up, snow is exhilarating; there is really no such thing as bad weather, only different kinds of good weather. ~ John Ruskin

<http://photoquote.com>

