

You are loved, you are made for greatness

Confirmation Retreat

Ice Breakers

FREEZE FRAME

Based on the party game of musical statues. Invite the young people to quietly move around the room and await your instructions. As they are walking the leader calls out the name of a sport, for example, golf, soccer, rugby, swimming, parachuting, polo, basketball, horse racing etc. When they hear the name they must stop immediately and hold a still 'freeze frame' illustrating or acting out the sport.

Take a photo of the most life-like or descriptive 'freeze frame' in each round for future display :-). You can play variations to the game by shouting out emotions, job titles or even animals.

TIME BOMB

Invite the young people to sit (facing inwards) in a circle. You will need a small foam or tennis ball to be the 'bomb'. A young person is selected to start with the 'bomb'. He then has to call out someone's name and throw the 'bomb' to them. That person has 2 seconds only to say someone else's name and throw the 'bomb' to them.

You leave the game if you hold the ball for too long, don't say someone's name before you throw, or do such a poor throw it cannot be caught by the next person. A very simple game but it can get very fast and furious. Try it with 2 'bombs'!