

# Sacraments



## Standard #8 Sacraments

Demonstrate the importance of sacraments, with an emphasis on the centrality of the Eucharist, in the life of Catholics.

### Performance Indicators

- ~Describe how the sacraments signify and make present God's grace.
- ~Discuss how God is present in the celebration of the Eucharist, e.g. the Word, the community, the priest, the Body and Blood of Jesus.
- ~Recognize the sacrament of Penance/Reconciliation as a celebration of God's forgiveness.
- ~Compare and contrast the celebration of the Eucharist to the Last Supper.
- ~Explain how the Eucharist is a sacrifice.

Assessment : How will you know that the young people learned or are able to perform the indicators?

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Where in your catechetical materials did you find the performance indicators?

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### Some Sample Activities



Have a group discussion about how God is present in the celebration of the Eucharist.



Encourage the young people to participate in the parish Penance/Reconciliation Services to celebrate God's forgiveness.



Describe to the young people how the sacraments signify, and make present, God's grace.



Ask the group to compare the celebration of Eucharist to the Last Supper, noting the sacrificial nature of both.



Review the steps necessary for the reception of the sacrament of Penance/Reconciliation.

Other activities I found useful...