

Sacraments



Standard #8 Sacraments

Demonstrate the importance of sacraments, with an emphasis on the centrality of the Eucharist, in the life of Catholics.

Performance Indicators

- ~Explain that Baptism, Confirmation and Eucharist are sacraments of initiation.
- ~Identify the sacraments of Penance/Reconciliation and the Anointing of the Sick as sacraments of healing.
- ~Recognize that Matrimony and Holy Orders are sacraments of service and mission.

Assessment : How will you know that the children learned or are able to perform the indicators?

Where in your catechetical materials did you find the performance indicators?

Some Sample Activities



Provide pictures of each sacrament for the children to look at and ask them to explain how Jesus shows his love in the sacrament shown.



Role play a Baptism with the children and talk about the signs and symbols of the sacrament and how Baptism helps us as new members of the Church.



Enlist the help of parents and other relatives to assist the children in listing the ways the sacrament of Matrimony can be a sacrament of service.



Invite a priest to visit with the children and discuss his life of service to the Church.



Discuss with the children how each of us is initiated into the various groups we join and relate the experience to the sacraments of initiation.



Read a story together about healing and discuss what it means to be healed. Take time to relate this to the sacraments of Penance/Reconciliation and the Anointing of the Sick. Show a video like *Grandma's Bread*, *Amanda Goes to Mass*, or *What Changed Michael?*. Talk about why Eucharist is very important for members of the Church.



Encourage the children to discuss with their parents the importance of attending Mass on Sunday and participating in the Eucharist.

Other activities I found useful...