

Sacraments



Standard #8 Sacraments

Demonstrate the importance of sacraments, with an emphasis on the centrality of the Eucharist, in the life of Catholics.

Performance Indicators

- ~Point out that in Baptism we become members of God's family and receive new life.
- ~Indicate that the sacrament of Penance/Reconciliation is a way to say we are sorry for our sins and celebrate God's forgiveness.
- ~Recall that at the Last Supper Jesus instituted the sacrament of the Eucharist.
- ~Recognize that at the celebration of the Eucharist the bread and wine become the body and blood of Jesus, a sign of love for all people.

Assessment : How will you know that the children learned or are able to perform the indicators?

Where in your catechetical materials did you find the performance indicators?

Some Sample Activities



Show pictures of the sacraments and ask the children to explain how Jesus shows his love in each.



Role play a baptism with the children and talk about the signs and symbols of the sacrament.



Encourage the children to discuss with their parents the importance of attending Mass on Sundays as a family because, by our Baptism, we are members of God's family.



Show a video like *Grandma's Bread, Amanda Goes to Mass* or *What Changed Michael?*. Talk about the Mass as a celebration and sign of Jesus' love.



Discuss how each of us is initiated into groups we join and relate the experience to the sacrament of Baptism.



Read a story together about healing. Discuss what it means and how it relates to the sacrament of Penance/Reconciliation.

Other activities I found useful...