

Sacraments



Standard #8 Sacraments

Demonstrate the importance of sacraments, with an emphasis on the centrality of the Eucharist, in the life of Catholics.

Performance Indicators

- ~Explain that sacraments are celebrations and signs of Jesus' love.
- ~Recall that Jesus shares himself with us in a special meal.
- ~Understand that in Baptism we become members of God's family and receive new life.

Assessment : How will you know that the children learned or are able to perform the indicators?

Where in your catechetical materials did you find the performance indicators?

Some Sample Activities



Provide pictures of each sacrament for the children to look at and ask them to explain how Jesus shows his love in each.



Role play a baptism with the children and talk about the signs and symbols of the sacrament.



Read a story together about healing and discuss what it means to be healed. Take time to relate this to the sacraments of Penance/Reconciliation and the Anointing of the Sick.



Show a video like *Grandma's Bread*, *Amanda Goes to Mass*, or *What Changed Michael?*. Talk about the video together.



Discuss with the children how each of us is initiated into the various groups we join and relate the experiences to the sacraments of initiation.



Enlist the help of parents or other relatives to assist the children in listing the ways the sacrament of Matrimony can be a sacrament of service.



Encourage children to discuss with their parents the importance of attending Mass on Sunday as a family.

Other activities I found useful...